

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Richel Dowling

Has successfully participated & completed the

5 Km HI-TEC Neethlingshof Full Moon Run

held at Neethlingshof, Polkadraai.

**TIME** 01:06:39

**PACE** 13:18/km

**OVERALL** 162 of 184

**GENDER** 66 of 72

**40 - 49** 13 of 13

10 March 2020, Tue

Date



BoutTime

Signature